

ELLE

CANADA

25 BEST
BEAUTY
STEALS

JUNE 2007

250
SUMMER
FASHION
& BEAUTY
IDEAS!

- **GO GRAPHIC**
BEST NEW PRINTS
- **FLASH SOME
COLOUR**
THE LATEST
MAKEUP
- **BEACH
BEAUTY**
37 GREAT
SWIMWEAR
LOOKS

INDIE
SPIRITS
WE LOVE
**CHARLOTTE
GAINSBORG,
LAURA LINNEY &
ROCKER RUFUS
WAINWRIGHT**

GET BRANDED!
DO YOU
KNOW WHO
YOU ARE?
**(HOW TO BE YOUR
PERSONAL BEST)**

**COMFORT
WOMEN**
DIARY OF
A KOREAN
SEX SLAVE

SKIN CARE

1 FACIAL CLEANSERS \$\$\$ “Most cleansers use surfactants [detergents] to remove surface dirt and oil,” says Dr. Fred Weksberg, a cosmetic dermatologist in Toronto. “Luxe brands cleanse with surfactants and moisturize with soothing ingredients like *Rosa gallica* oil and borage seed oil.”

Medicalia Medi-Soothe Dry-Sensitive Rosacea Skin Line Gentle Cleanser (\$38)



Dermalogica Daily Microfoliant (\$70)

“FOR THE BEST RESULTS, KNOW YOUR SKIN TYPE BEFORE YOU PURCHASE ANY CLEANSER OR MOISTURIZER.”

– Dr. Fred Weksberg, cosmetic dermatologist

3 FACIAL EXFOLIATORS \$ OR \$\$\$ Mechanical scrubs—like St. Ives, with crushed apricot seeds and walnut-shell particles—give normal skin a smooth glow. But rice-powder-based scrubs and chemical exfoliators with salicylic or glycolic acid are better suited to more sensitive skin. “These work on a biochemical basis to gently remove dead skin cells and boost skin tone,” says Dr. Martie Gidon, a cosmetic dermatologist in Toronto.

Neutrogena Alcohol-Free Toner (\$11)

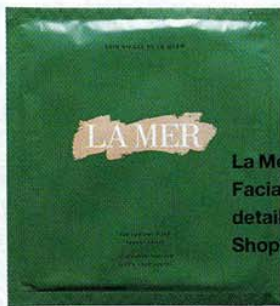


2 TONERS \$ “Toners help to remove residual soap and oil with tannin compounds, like witch hazel,” says Weksberg. “But if you need a toner, it may be a sign that you’ve chosen the wrong cleanser for your skin type. Also, it’s a popular misconception that toners close pores—no product will do this.”



5 SUNSCREENS \$ “A drugstore-brand SPF 60 sunscreen offers good protection from moderate sun exposure,” says Gidon. Look for products that contain a new ingredient called Mexoryl XL, which provides broader protection from UVA rays.

La Roche-Posay Anthelios XL SPF 60 With Mexoryl XL Sun Sensitive Skin Face and Body Cream (\$26)

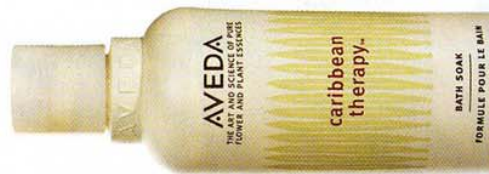


La Mer The Radiant Facial (\$425). For details, see Shopping Guide.

4 MASKS \$ OR \$\$\$ “Drugstores sell effective water-based masks that are free of pore-clogging mineral and palm oils,” says Weksberg. And drugstore clay masks absorb oil effectively with kaolin, a fine white clay. But antioxidant masks—with white tea and vitamin C—have anti-aging benefits that are worth the extra cost.

6 BODY LOTIONS \$ “Go for a light lotion—preferably one that’s fragrance-free and hypoallergenic if you have sensitive skin,” says Gidon. Look for brands with vitamin E and colloidal oatmeal, but, again, avoid products with mineral oils; they can lead to breakouts.

Aveeno Daily Moisturizing Lotion (\$12 for 354 mL)



Aveda Caribbean Therapy Bath Soak (\$38)

7 BATH PRODUCTS \$ OR \$\$\$ “The detergents and perfumes in bubble baths can strip skin of its natural oils,” says Gidon. But bath oils with jojoba or sweet almond oil are good for dry skin. “Emulsion bath oils—the kind that spread rather than sit on the surface of the water—lightly coat the skin and prevent water from leaving the skin,” says Weksberg.